

What can I do to help my child learn at home?

- ☺ Turn off the TV → have a conversation → build vocabulary and concept skills.
- ☺ Take a walk → model pedestrian safety.
- ☺ Play a board game → share the value of fair play.
- ☺ Go to the park → exercise to build stamina, flexibility, and strength.
- ☺ Read a book → share information about people, places, and things.
- ☺ Do chores together → show how family members can care for each other.
- ☺ Prepare supper together → build strong bodies and brains with good nutrition.
- ☺ Tell a bedtime story → seal every day with care, interest, and love.